

EEG and Epilepsy workshop May 17, 2024
Hotel Akama, Chabahil, Kathmandu, Nepal

Faculties: Dr Chaturbhuj Rathore
Dr Anish jukkarwala
Dr Raju Paudel

Time	Topic
09:00 – 09:30 hrs.	Technical aspects of EEG recording and principles of polarity <i>Dr Chaturbhuj Rathore</i>
09:30 – 10:00 hrs.	Normal awake and sleep EEG Dr Anis Jukkarwala
10:00 – 10:30 hrs.	Demo session on normal EEG <i>Dr Chaturbhuj Rathore</i>
10:30 – 11:00 hrs.	EEG artifacts and benign variants <i>Dr Chaturbhuj Rathore</i>
11:00 – 11:10 hrs.	Tea Break
11:10 – 11:35 hrs.	Focal epileptiform abnormalities <i>Dr Chaturbhuj Rathore</i>
11:35 – 12:00 hrs.	Generalized epileptiform abnormalities <i>Dr Chaturbhuj Rathore</i>
12:00 – 12:30 hrs.	Demo session on epileptiform abnormalities <i>Dr Chaturbhuj Rathore</i>
12:30 – 1:15 hrs	Lunch

Sleep and sleep disorders workshop, May 17, 2024
Hotel Akama, Chabahil, Kathmandu, Nepal

Faculties: Dr Tripat Deep Singh (<i>India</i>), Prof. Dr Ravi Yadav (<i>India</i>), Dr. Vikram Holla (<i>India</i>) Dr Yogesh Neupane, Dr Raju Pangeni, Dr Ashesh Dhungana, Dr Prajjwal Shrestha, Dr Ritamvara Oli	
Time	Topic
Session 1	
1:15 pm -1.30pm	Neurological assessment of Adult with Sleep disorders: Dr Ravi Yadav
1.30 -3.15pm	<ul style="list-style-type: none"> • Set up and Hooking up to the machine for Sleep study: Dr Tripat Deep Singh • Polysomnography waveforms in EEG and EOG during Sleep and Wakefulness: Dr TripatDeep Singh • Scoring of sleep stages, Arousal, respiratory events, Periodic leg movements using PSG data: Dr TripatDeep Singh • Interpretation of Diagnostic Sleep report: Dr Tripat Deep Singh
3.15 pm 3.30 pm	Q & A + Tea Break
Session 2	
3.30 -3.50 pm	REM Sleep Behavior Disorder- Clinical presentation, diagnosis, and Treatment : Dr Ravi yadav
3.50-4.10 pm	Restless Leg Syndrome- Clinical presentation, diagnosis, and Treatment: Dr Vikram Holla
4.10 – 4.30 pm	Parasomnias- Clinical presentation, diagnosis, and treatment: Dr Tripat Deep Singh
4.30- 4.45 Pm	Q & A + Felicitation of Speakers
4.45- 5 pm	Tea Break

1st International Congress of Nepalese Academy of Neurology, Kathmandu May 18-19, 2024

DAY 1 (May 18)

TIME	TOPIC	FACULTIES	
8:00-8:45	Registration		
8:30-9:00	Inauguration of Scientific Program & Theme Presentation “Evolution of Neurology in Nepal”	President Krishna K Oli & Dr Dilli Ram Kafle	
STROKE			
9:00-9:20	Acute management of ischemic stroke	Dr Amit Kandel, <i>USA</i>	
9:20-9:40	Management of hemorrhagic stroke	Dr Pankaj Jalan, <i>Nepal</i>	
9:40-10:00	Stroke burden and reducing strategies in Nepal	Dr Amit Kandel, <i>USA</i>	
10:00-10:20	Stroke in Young	Dr Bikram P Gajurel, <i>Nepal</i>	
10:20-10:40	BREAK		
EPILEPSY (Session Sponsored by Abbott)			
10:40-11:00	Electroclinical syndromes in childhood and adult epilepsy - Recent updates	Dr Raju Poudel, <i>Nepal</i>	
11:00-11:20	Stopping an Antiseizure medication (ASM) in seizure free individuals when and How to decide –Benefit vs Risk	Dr Anis Jukkarwala, <i>India</i>	
11:20-11:40	Presurgical Evaluation in Drug Resistant Epilepsy – Part 1	Dr Chaturbhuj Rathore, <i>India</i>	
11:40-12:00	Presurgical Evaluation in Drug Resistant Epilepsy – Part 2	Dr Chaturbhuj Rathore, <i>India</i>	
MOVEMENT DISORDERS			
12:00-12:20	Approach to Sleep Related Movement Disorders	Dr. Ravi Yadav, <i>India</i>	
12:20-12:40	Progressive Supranuclear Palsy: differentiating from Parkinson’s Disease	Dr. Lim Shen Yang, <i>Malaysia</i>	
12:40-13:00	Common Dystonia and their management	Dr. Vikram Holla <i>India</i>	
13:00-13:20	Phenotype genotype correlation of young Parkinson’s Disease	Dr. Rajeev Ojha, <i>Nepal</i>	
13:20-14:20	LUNCH		
14:20-15:00	POSTER Session		
DEMYELINATING DISORDERS/ NEUROIMMUNOLOGY			
15:00-15:20	Updates in the diagnosis of Multiple Sclerosis	Dr Xavier Montalban, <i>Spain</i>	
15:20-15:40	Initiation of therapy in Multiple sclerosis When, Who and How?	Dr Lekha Pandit, <i>India</i>	
15:40-16:00	MOGAD: Diagnosis and treatment	Dr Niraj Gautam, <i>Nepal</i>	
16:00-16:20	Diagnostic and differential diagnostic dilemmas in Neuromyelitis Optica	Dr Lekha Pandit, <i>India</i>	
16:20-16:40	BREAK		
HEADACHE			
16:40-17:00	Management of Chronic Daily headache	Dr Avinash Chandra, <i>Nepal</i>	
17:00-17:20	An approach to Secondary Headaches	Dr. Krishna Dhungana, <i>Nepal</i>	
17:20-17:40	Trigeminal Autonomic cephalgias	Dr Sunanda Paudel, <i>Nepal</i>	
17:40	End of Scientific Session Day 1 and Inauguration Ceremony		

18:30	Conference Dinner
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DAY 2 (May 19)

TIME	TOPIC	FACULTIES	
8:00-9:00	FREE ORAL PAPERS Total 4 presentations with 10 mins Q and A		
NEUROMUSCULAR			
9:00-9:20	Hirayama Disease: Diagnosis and management	Dr. Nalini Atchayaram, <i>India</i>	
9:20-9:40	Update on diagnosis and therapeutic approach of myositis	Dr. Marianne de Visser, <i>Holland</i>	
9:40-10:00	Diagnostic approach to muscular dystrophy	Dr. Saraswati Nashi, <i>India</i>	
10:00-10:20	Ocular Myasthenia Gravis	Dr Rabindra Shrestha, <i>Nepal</i>	
10:20-10:40	BREAK		
COGNITIVE NEUROLOGY			
10:40-11:00	Bedside Assessment of Cognitive function	Dr. Manjula Caldera, <i>Srilanka</i>	
11:00-11:20	Alzheimer's Disease: differentiating it from other neurodegenerative disorders.	Dr S Sandeep, <i>India</i>	
GENERAL NEUROLOGY			
11:20-11:40	An Approach to Vertigo	Dr Lekhjunga Thapa, <i>Nepal</i>	
11:40-12:00	HIV related CNS infections	Dr Ghanshyam Kharel, <i>Nepal</i>	
12:00-12:20	Management of symptomatic and asymptomatic carotid stenosis	Dr Subas Phuyal, <i>Nepal</i>	
12:20 – 12:40	Future of Coma Science – Curing Coma Campaign	Dr Gentle Sundar Shrestha, <i>Nepal</i>	
12:40	END OF SCIENTIFIC SESSION/ AWARD DISTRIBUTION/ VOTE OF THANKS from Organizing Secretary		
12:50	LUNCH		